



Disability Self Advocacy into the future and beyond



SPEAK UP WITH US!

Join our group! It's free.

Our self advocacy group is run by and for people with intellectual disability and acquired brain injury. We support each other to speak up.

"Before Self Advocacy I didn't even know that I had rights"

"Once before I would always say yes, now I can speak my mind and say no"

New Wave Latrobe Valley meets regularly at the Traralgon Library (sometimes Moe). Contact us to find out more!



www.newwavegippsland.org.au



NewWaveGippsland



Call us: 0493 722 230



What we do in self-advocacy:

- Talk about our rights and choices
- Support each other to speak up
- Advocate for rights in the community
- Have fun! Guest speakers, games, events
- Join in with our community
- Do talks about self-advocacy

Self-advocacy into the future and beyond!



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