



SPEAK UP WITH US!

Join our group! It's free.

Our self advocacy group is run by and for people with intellectual disability and/or acquired brain injury. We support each other to speak up.

*"Before Self Advocacy
I didn't even know
that I had rights"*

*"Once before I would
always say yes, now I
can speak my mind
and say no"*

We meet regularly
at Traralgon Library and Moe Library.
Contact us to find out more!



www.newwavegippsland.org.au



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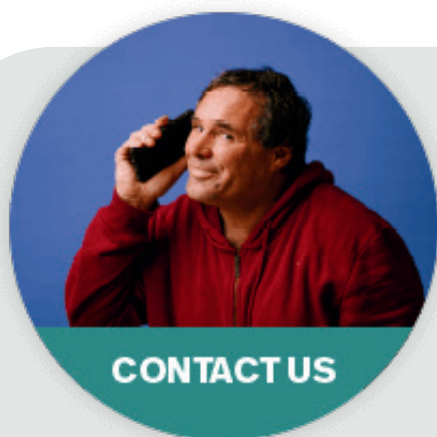


Call us: 0493 722 230

What we do in self-advocacy:

- Talk about our rights and choices
- Support each other to speak up
- Advocate for rights in the community
- Have fun! Guest speakers, games, events
- Join in with our community
- Do talks about self-advocacy

Self-advocacy into the future and beyond!



Charity (Project Worker): 0493 722 230

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